

Demystifying PEM

A scientific symposium of the Medical University of Vienna
In Cooperation with the WE&ME Foundation and the National Reference
Center for Post-viral Syndromes

May 10, 2025 von 10am – 1pm

Medical University of Vienna – Josephinum Lecture hall

Agenda

10:00–10:10 Welcome and introduction to the symposium

10:10–10:50 Post-exertional malaise: a cardinal symptom for patient stratification in infection-associated chronic illness. David Putrino, Mount Sinai, USA

10:50–11:30 The pathophysiology of post-exertional malaise. Christian Puta, Friedrich-Schiller-Universität Jena, Germany

11:30–12:00 The impact of post-exertional malaise on rehabilitation setup and efficiency. Ralf Harun Zwick, LBI Rehabilitation, Therme Wien Med, Austria

12:00–12:30 Post-exertional malaise in children: Overlaps and differences in symptoms, diagnosis and treatment. Beate Biesenbach, Rehabilitation kokon, Rohrbach-Berg, Austria

12:30–12:50 Physiotherapy and post-exertional malaise: practical insights. Verena Hackl, Medical University of Vienna, Austria

12:50–13:00 Wrap up

13:00–13:30 Networking with food and beverages



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